



Personal Mastery: Build Your Leadership Character to be a Great Leader

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ABSTRACT

Cultivating leadership skills from an early age is important. This is related to how they will lead in the future. The spirit of leadership in children is seen in the attitude shown, such as courage by children to face various situations and conditions that occur directly. Through this, knowledge about Personal Mastery is needed. Personal mastery is a factor of the human individual, where there is a continuous process for individuals to deepen personal vision, focus on their own strengths, develop self-patience and see reality objectively. In accordance with this statement, this article aims to provide information about Personal Mastery to provide an understanding of the importance of personal leadership development for each individual and help students connect the concept of personal leadership with their future educational and career goals. To achieve these goals, this service method is carried out using the lecture method with the help of PowerPoint media to display the material. The results of this article are the implementation of material counseling using the lecture method for students of class 8B Maarif Batu Junior High School is very useful in increasing knowledge about Personal Mastery. Lecture is essentially the process of transferring information from the teacher to the learning target. In the process of transferring information there are three important elements, namely the teacher, the material and the learning target. The lecture method is effectively used to increase one's knowledge.

KEYWORDS

Leadership, Students, Personal Mastery, Lecture

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INTRODUCTION

Cultivating leadership skills from an early age is important. This is related to how they will lead in the future. The spirit of leadership in children is seen in the attitude shown, such as courage by children to face various situations and conditions that occur directly. To overcome the situations and conditions that occur, children are also expected to form good behavior to lead their friends (Istiningtyas & Safitri, 2020).

The ability to become a leader can be seen from how he strives to be the best and can lead himself. Therefore, it is important to instill and hone the spirit of leadership as a form of preparing for the future. There are many situations that require a person to take on the role of a leader (Rodiyan & Puspitasari, 2019). A person's ability to lead himself, for example, to make a decision, which is an important start for the birth of a leader who is able to guide and teach others.

Through this, knowledge about Personal Mastery is needed. Personal mastery is a factor of individual humans, where there is a continuous process for individuals to deepen personal vision, focus on their own strengths, develop self-patience and see reality objectively. So that with the self-development of each individual can improve organizational performance.

Therefore, we conduct community service to provide education to students and students of SMP Ma'arif Batu about Personal Mastery with the aim of providing information about Personal Mastery to provide an understanding of the importance of personal leadership development for each individual and help students connect the concept of personal leadership with their future educational and career goals.

MATERIALS AND METHODS

The method used in this service program is the lecture method with the help of PowerPoint media to display the material. This service program was held on Thursday, November 30, 2023 at Ma'arif Junior High School, Batu City. The sample population of this service program is class 8B students of Ma'arif Junior High School, Batu City, totaling 32 people. The purpose of this service program is to provide information about Personal Mastery to provide an understanding of the importance of personal leadership development for each individual and help students connect the concept of personal leadership with their future educational and career goals. This program has a theme, "Build Your Leadership Character to be a Great Leader". The stages of the implementation of this program include 1) Determining target partners 2) Direct survey to target partners, namely Batu City Ma'arif Junior High School and coordination with related parties to explain the objectives of program implementation 3) Implementation of the service program, starting with the opening by the MC, remarks from school representatives and the chief executive, pre-test work, delivery of "Personal Mastery" material, post-test work, and closed by taking a group photo with students and the organizing committee, finally distributing consumption for students. To measure the level of student understanding and determine the indicators of success in this activity is to compare the results of the pre-test and post-test.



RESULT AND DISCUSSION

The stage carried out after the delivery of the material is filling out the post-test, as for the characteristics of the results of the knowledge measurement test of class 8B Maarif Batu Junior High School students in filling out the pre-test and post-test is presented in the following table:

Table 1. Pre-test and post-test results of class 8b maarif batu junior high school students regarding personal

Knowledge Category	Pre-test		Post-test	
	n	%	n	%
Good	0	0	13	44,8
Bad	29	100	16	55,2
Total	29	100	29	100



Figure 1. Material Presentation Session



Figure 2. Documentation with Class 8B Students of SMP Maarif Batu



This community service activity focuses on the theme of leadership with the main activity in the form of counseling Personal Mastery material entitled "Personal Mastery: Build Your Leadership Character to be a Great Leader". According to Dhiman in Proboandini R. (2017), Personal Mastery is an approach to finding a real, meaningful, and fulfilling life in one's personal life or professional life in real terms. This activity was carried out with the target partner, namely Maarif Batu Junior High School, which is located on Jl. Oro-Oro Ombo, Batu District, Batu City, East Java. This activity was carried out on November 30, 2023 and was attended by 29 students of class 8B Maarif Batu Junior High School. The initial stage of the activity was the opening by the MC, followed by remarks by the chief executive, remarks by representatives of SMP Maarif Batu.

After the initial stage is completed, the activity enters the core stage. The core stage is the stage of implementing counseling Personal Mastery material. The material was delivered by two Malang State University Public Health Science students, Mohammad Naufal Nasrullah and Luna Arsy Akyaila Eidelweis Sattar. Counseling begins with a pre-test to measure students' knowledge before giving Personal Mastery material. Furthermore, the material presentation was delivered using PowerPoint media with several topics such as: definitions, benefits, dimensions, aspects, and Personal Mastery strategies. During the presentation of the material, the class students followed the activity well, as can be seen from some children noting the important points of the material.

Knowledge assessment from table 1 pre-test and post-test results are divided into two categories, namely good (80-100) and bad (<80). The results of pre-test measurements in class 8B Maarif Batu Junior High School students obtained results in the bad category as many as 29 people (100%). While the results of post-test measurements obtained results in the good category as many as 13 people (44.8%), and in the bad category as many as 16 people (55.2%). Therefore, it can be concluded from the results of the pre-test and post-test that the implementation of material counseling using the lecture method for students in class 8B Maarif Batu Junior High School is very useful in increasing knowledge about Personal Mastery. Due to this lecture method, the essence is the process of transferring information from the teacher to the learning target. In the process of transferring information there are three important elements, namely the teacher, the material and the learning target. The lecture method is effectively used to increase one's knowledge (Hasanah, Ernawati, S.ST., M.Kes, & Supiani, S.ST., M.Keb, 2023).

After the implementation of the post-test, proceed to the next stage, namely the final stage which includes taking documentation and distributing consumption. This stage is carried out after all series of activities have been carried out. At the time of taking documentation, the event team spread out and was among the students of class 8B SMP Maarif Batu, the documentation was taken from the corner of the class. With various expressions given by class 8B students of SMP Maarif Batu in the documentation taking session which illustrates their enthusiasm after participating in a series of activities. Followed by the distribution of consumption given to each student. The activity ended with a thank you to the students of class 8B SMP Maarif Batu for their enthusiasm in participating in the series of activities from beginning to end.



CONCLUSIONS

Personal Mastery is a learning and development process that influences individuals to improve their abilities and self-awareness. Personal Mastery is a concept that emphasizes continuous self-development, including understanding one's emotions, connecting with the inner self, and deepening personal vision. It also involves focusing on energy, patience, and objective skill development. As such, personal mastery is an important foundation for achieving success both personally and in organizations.

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Conflict of Interest

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